

Nibbles & Tidbits - 9/24/21



The service last Sunday was so inspiring and meaningful to me. From the choir's beautiful singing and all the music—to Pastor Kim's message to pray without ceasing—to the guest speaker, Rev. Dr. David Ourisman, sharing his story of being a climate refugee. Wow, They laid it down good!

In the sermon Rev. Ourisman spoke of the agency we have and our ability to change; he also spoke of prophets speaking truth to power. One of those prophets is surely Frances Moore Lappe. This month marks 50 years since her book *Diet For A Small Planet* was published, and an anniversary edition has been released. At 77 she is as passionate as ever about the subject of hunger, the environment, and our ability to act. I encourage you all to follow her on FB or Twitter; she will bring hope to your feed. I've ordered a copy of the anniversary edition and will be donating it to the church library soon.

"The only choice we don't have is whether to change the world. Even inaction can change the world."

"Food is personal and real and immediate."~FML

Your Health Advisory Team,
Mary, Danna, and Kay